



## What is HIV?

HIV stands for Human Immunodeficiency Virus. HIV infects and gradually destroys an infected person's immune system, reducing their protection against infection and cancers. Without treatment the immune system will eventually become too weak to fight other illnesses. At this point people are considered to have developed AIDS (Acquired Immune Deficiency Syndrome).

## Main sources of infection

The body fluids that contain enough HIV to infect someone are:

- seminal fluid
- pre-cum (the fluid that the penis produces for lubrication before ejaculation)
- the mucous found in the rectum
- blood
- vaginal fluids, including menstrual fluids
- breast milk

## Staying Negative

The best way to protect you and your partner from HIV is to use a condom and lube when you fuck.

## Testing and Treatment

Get tested regularly for HIV. If you know your status you can live a healthier and longer life.

Find out where to get treatments that can control HIV.

- if you take treatments within 72 hours after you've had sex without a condom you can prevent HIV infection even after the virus has entered your body.
- if you are HIV positive taking treatments daily can control your HIV so you can live as long as someone who is HIV negative.



The everywhere  
premium or minimum seal  
of social responsibility

everywhere

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For more information about the Everywhere Project  
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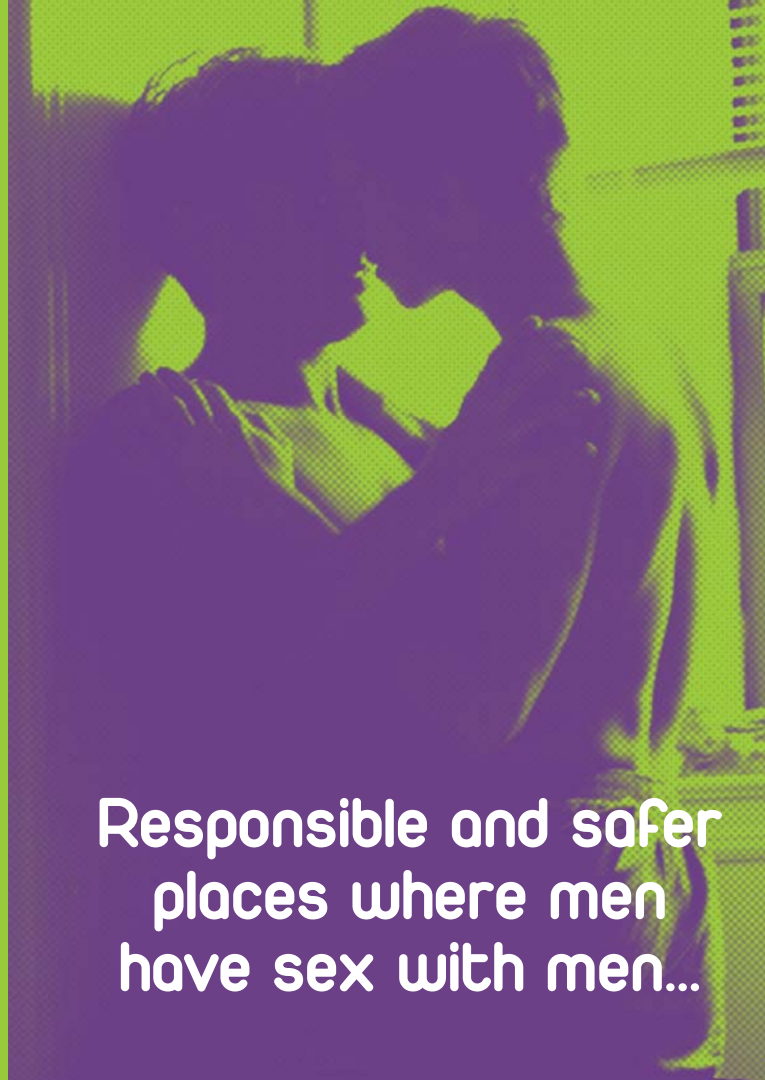
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Responsible and safer  
places where men  
have sex with men...



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of social responsibility

# ...EVERYWHERE you see this sign...



...you can get condoms and lube or information on where to get them



...you can find out where to get tested for HIV and other sexually transmitted infections



...you can get information about treatments for HIV and STIs and general information about your sexual health

Just ask your hotel, travel agent, sex venue, pub or club that display this sign. Or search on your favourite website for information.

For more information and a list of everywhere approved venues across Europe visit:

[www.everywhereproject.eu](http://www.everywhereproject.eu)

## Aims of Everywhere

- Influence business to create safer environments for their customers.
- Award business with the Seal of Social Responsibility by offering 2 levels of HIV prevention commitment – **Premium** and **Minimum**.



The everywhere premium or minimum seal of social responsibility

