



# The first rapid test facility in Europe

## *Success and Limits*

*May 31<sup>st</sup> 2008*

Stan Van Loon

[www.hivnet.org](http://www.hivnet.org)



Do more feel better live longer



# Agenda

- Checkpoint in brief
- Method
- Results
- Success
- Limits
- Future



# CHECKPOINT IN BRIEF



# Situation in the Netherlands in 2000

- Only 42% of Dutch MSM have ever been tested for HIV

*(Monitoring Survey, Hogeweg and Hospers, 2000)*

- Amsterdam STI Clinic

- 15% of MSM **are** HIV<sup>+</sup>
  - 5% **know** they are HIV<sup>+</sup>

*(Transversal Survey, Municipal Health Services' STI Clinic, 2003)*

- Need for innovation → Checkpoint

# Goals Checkpoint

- HIV-rapid test has to become an option in regular STI-screening
- Test high risk groups
- Structural registration and analysis
- Describing and sharing method
- Transparent
- Temporary
- New developments

# Checkpoint

- Friday evening
- MSM friendly
- Anonymous
- € 20
- 21 volunteers (6 per evening)
  - 6 physicians
  - 10 nurses
  - 5 Checkpoint or para medically trained



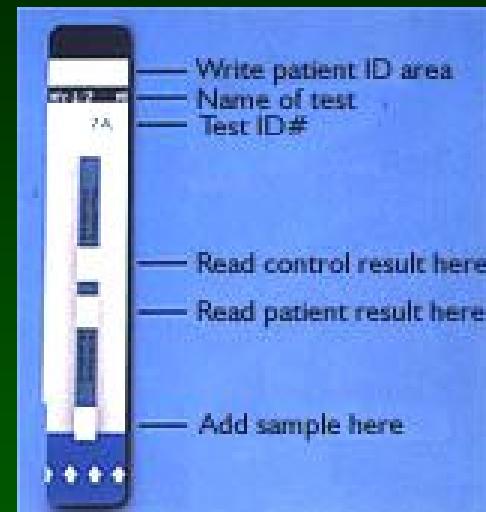
# METHOD



# Determine™ (Abbott Laboratories)

- Sensitivity → 100.0 %
- Specificity → 99.7 %
- Confirmation test
  - *Western Blot*
  - *(Detuned Elisa till 2006)*
- HIV 1 / 2

*(For a complete overview of rapid tests see Aids Reviews 2000; #2 'Rapid Tests for HIV Antibody' by Bernard M. Branson)*
- Low cost & user friendly



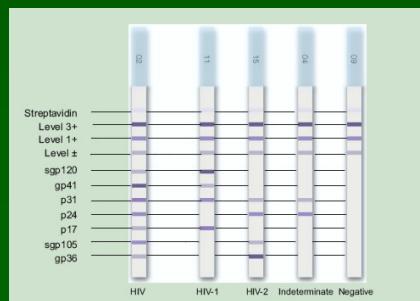
# Rapid test



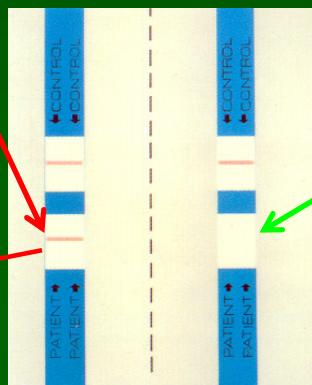
1 drop capillary blood



1 drop chase buffer  
+ 15 minutes waiting



Positive

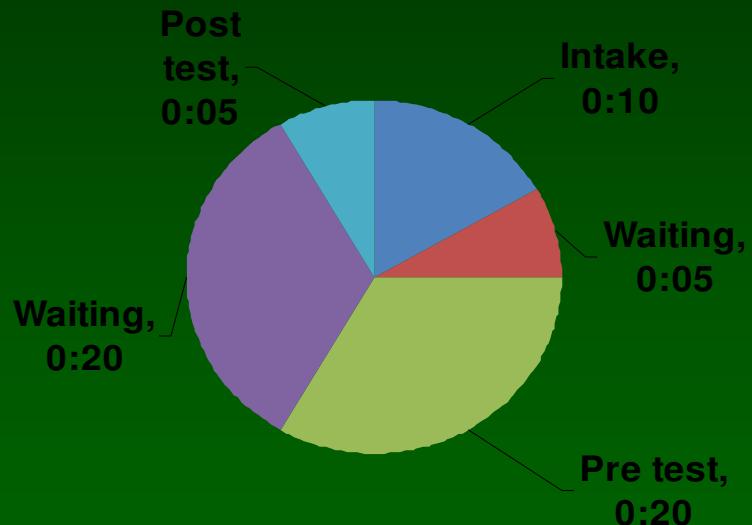


Negative

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# Method

- Appointment
- Intake
- Pre test
- Test: Determine™ + OraQuick®
- Post test 1
- (Post test 2) 1 week later

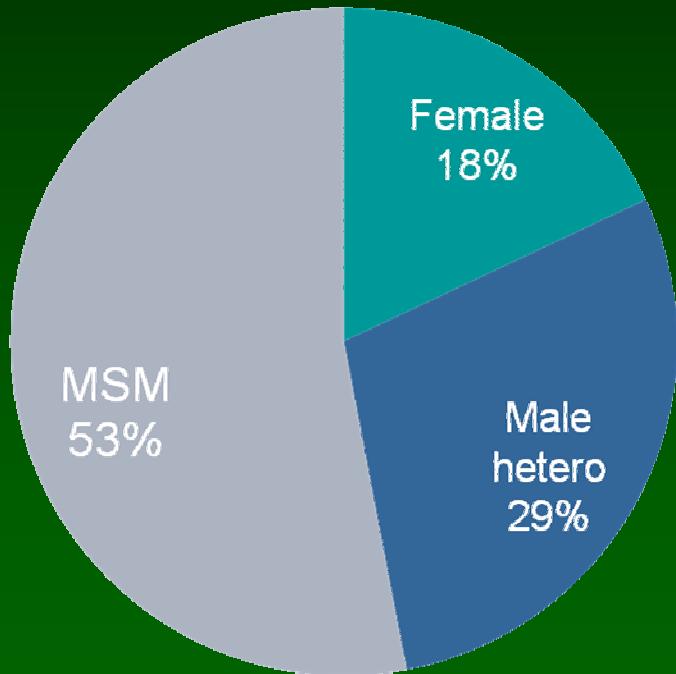


# RESULTS

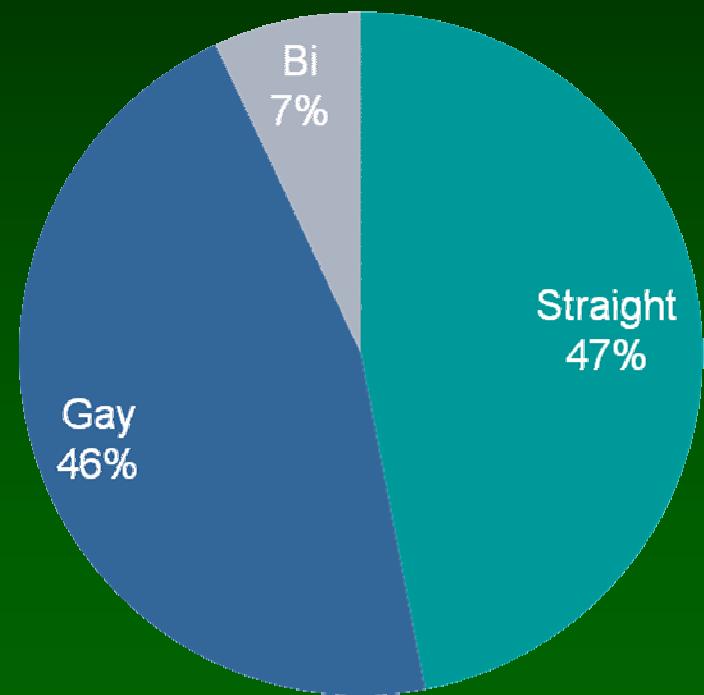


# Clients: Characteristics 1

Sexe

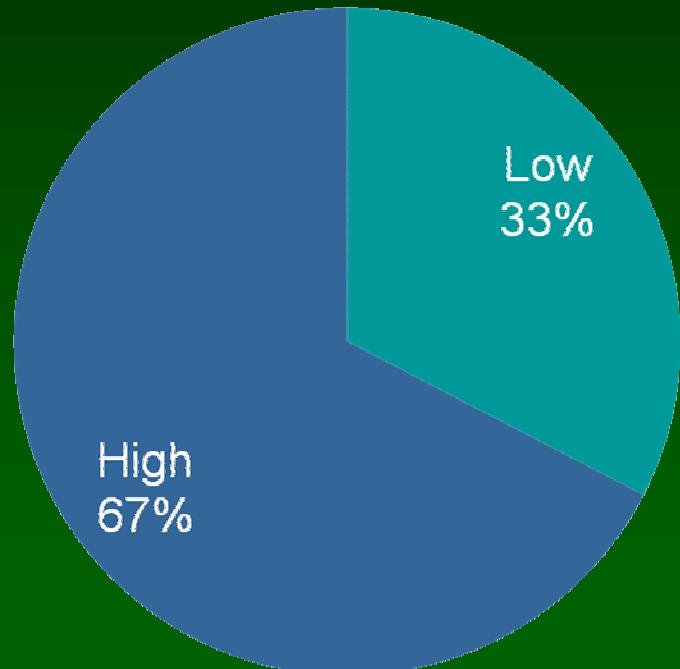


Sexual preference

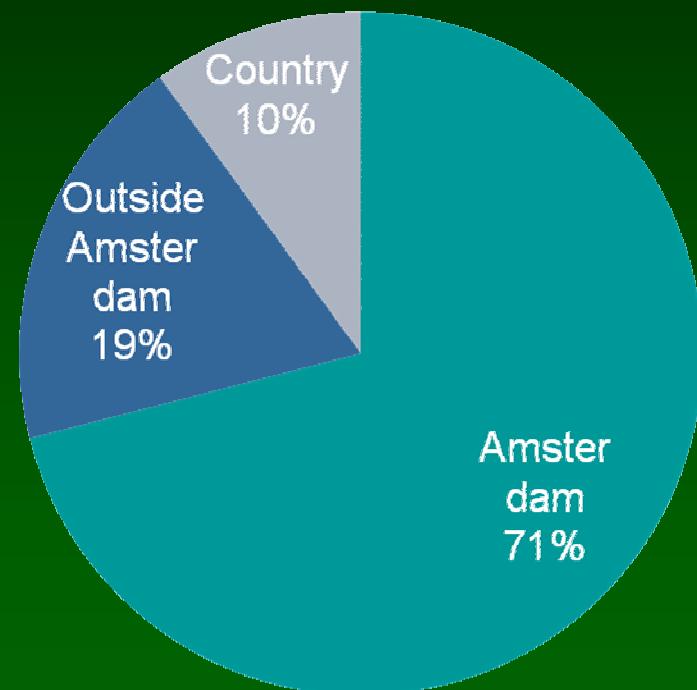


# Clients: Characteristics 2

**Education**



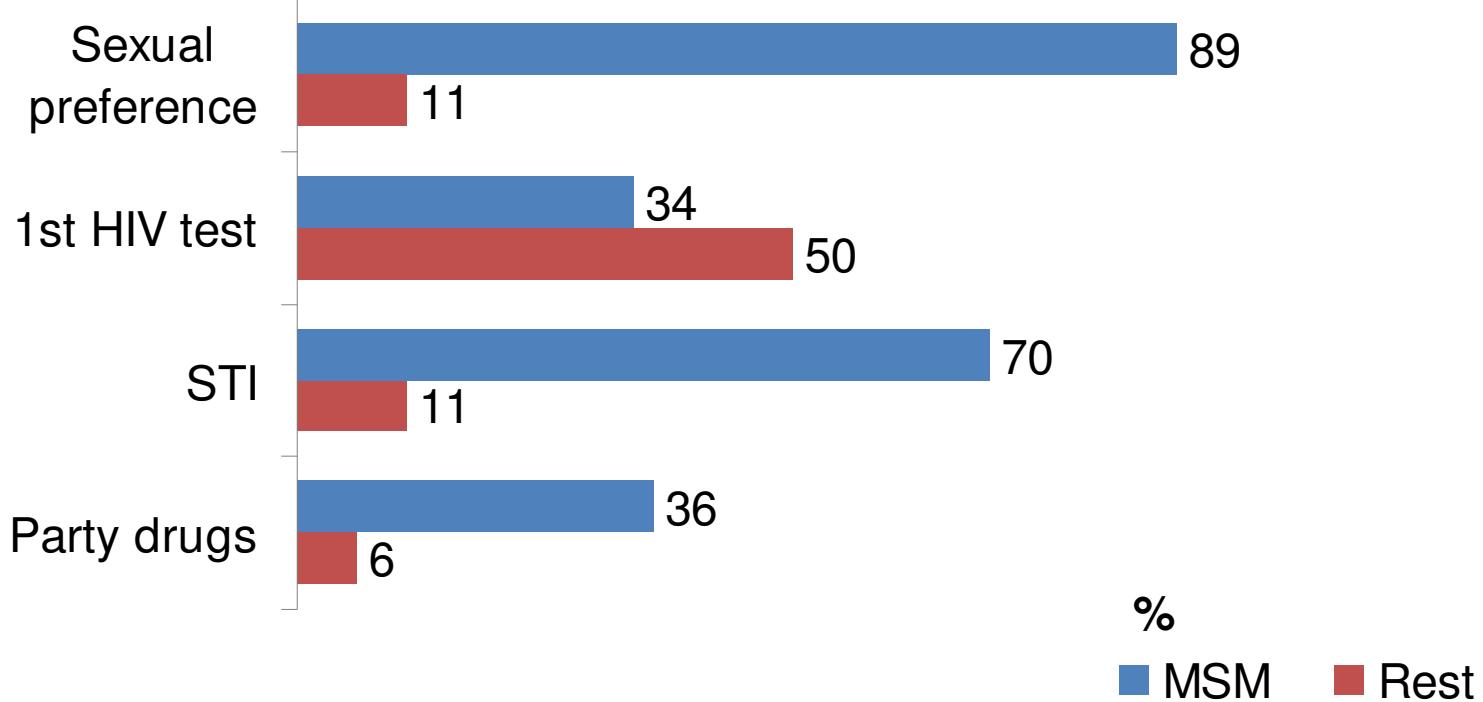
**Domicile**



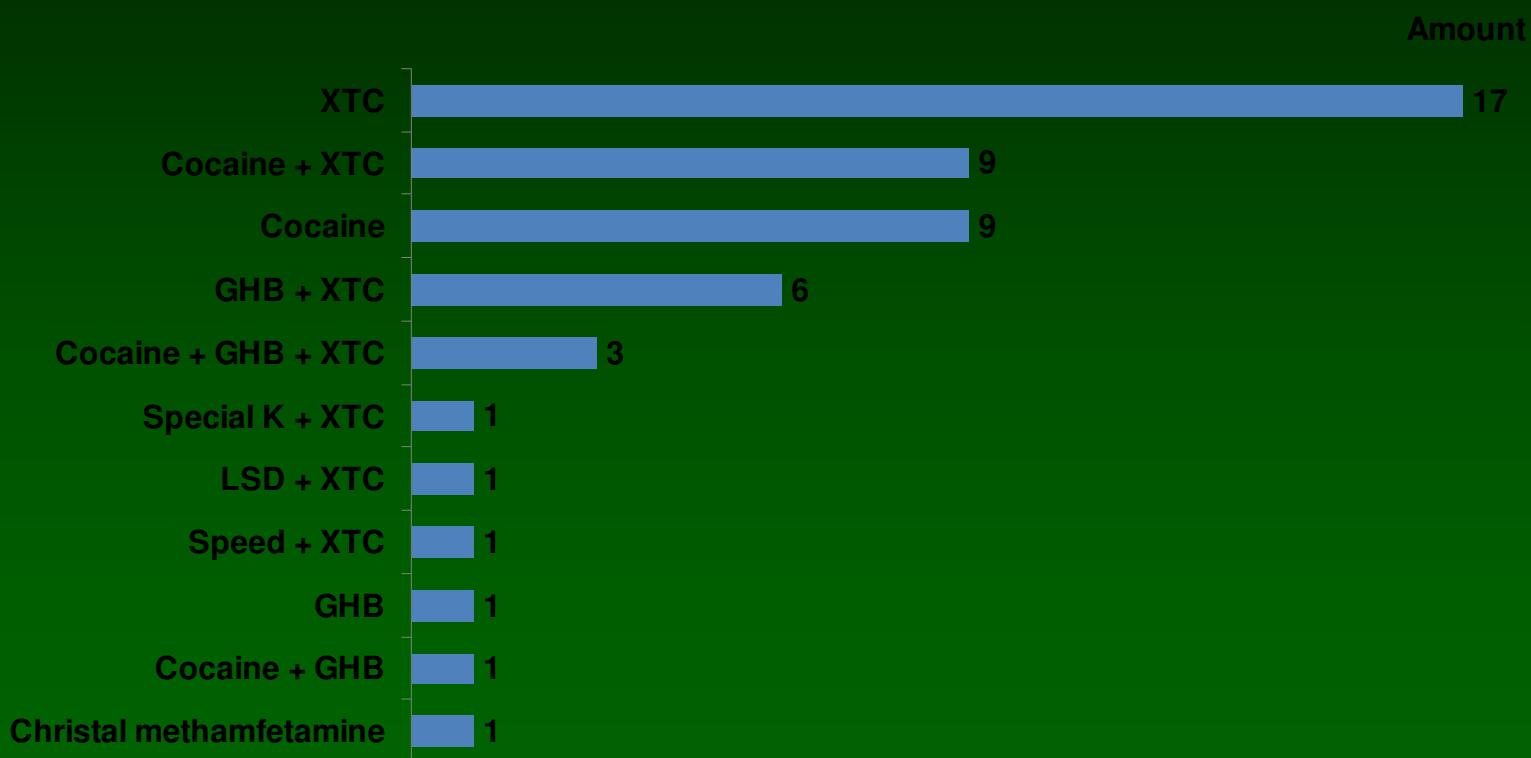
# Results

	Total Tests	HIV+	Incidence %
MSM	2586	121	4,68
Heterosexual man	1418	7	0,49
Female	905	9	0,99
<b>Total</b>	<b>4909</b>	<b>141</b>	<b>2,87</b>
<i>Not tested</i>	38		0,78
<i>False positive (Determine)</i>	2		
<i>False negative (OraQuick)</i>		2	8
<i>Dubious reading (Determine)</i>	2		

# HIV+



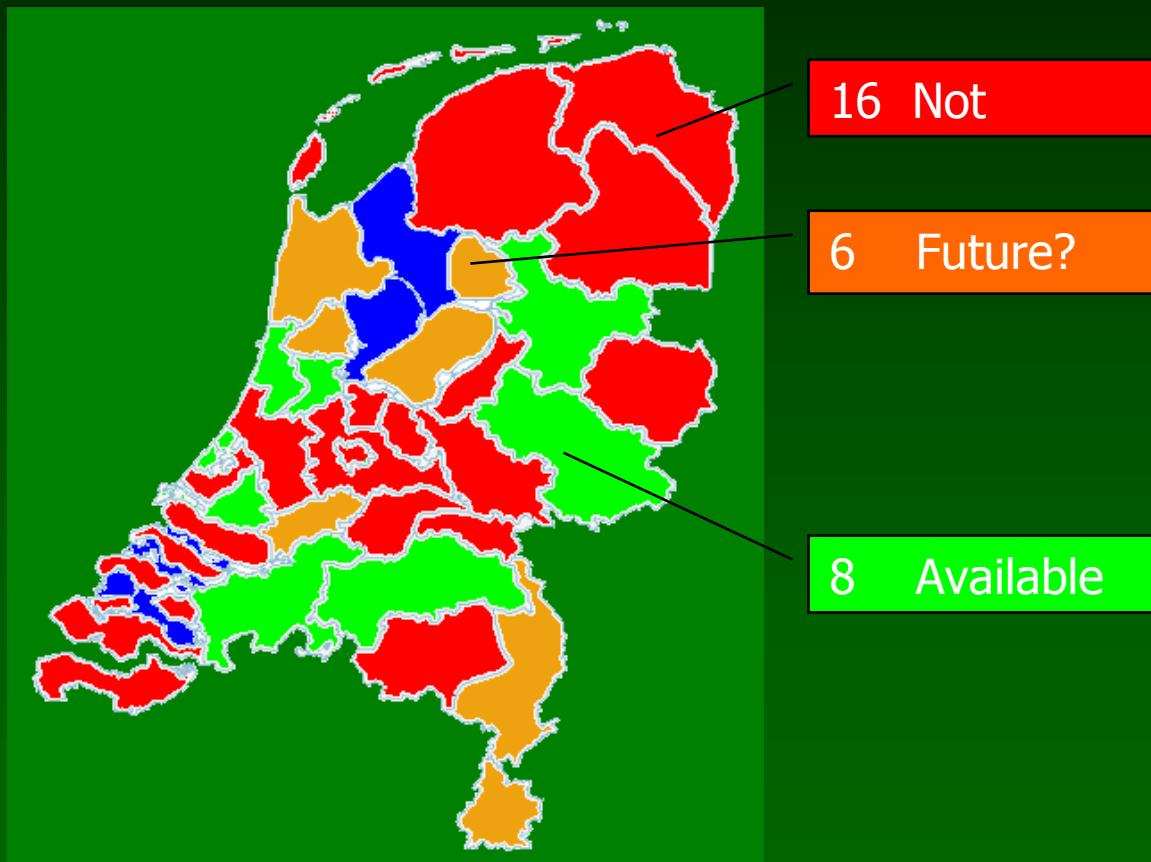
# HIV+ - Party drugs



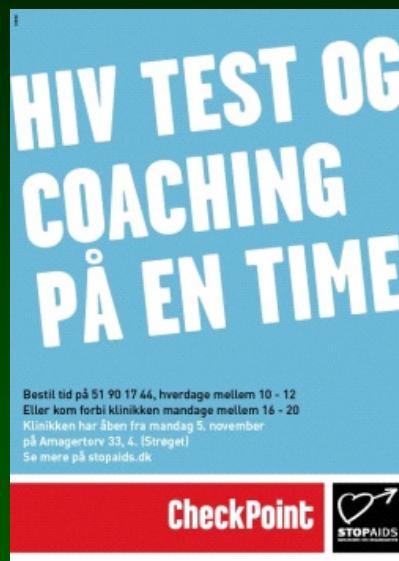
# Incidence MSM Amsterdam



# Rapid test in The Netherlands 2008



# Rapid test in Europe 2008



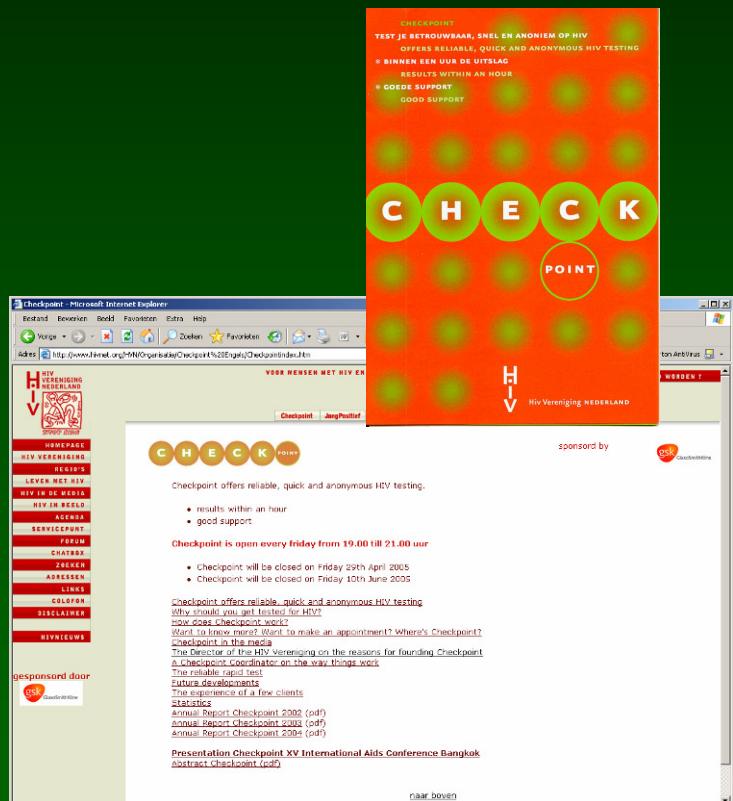
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What works 1

# MOTIVATING MSM



# Promotion



## MSM Hetero

■ Internet	26	54
■ Friends	29	19
■ Magazines	12	2
■ Municipal Health	6	9



# Does rapid testing motivate MSM?

1. Main reason for 67% of MSM
2. 34% of MSM switch from conventional  
→ rapid testing
3. Prevalence among Checkpoint MSM is higher  
than at Municipal Health Service  
( $p = 0.075$  in 2002)
4. Having to wait a week discourages people

Full abstract on: [www.hivnet.org](http://www.hivnet.org)

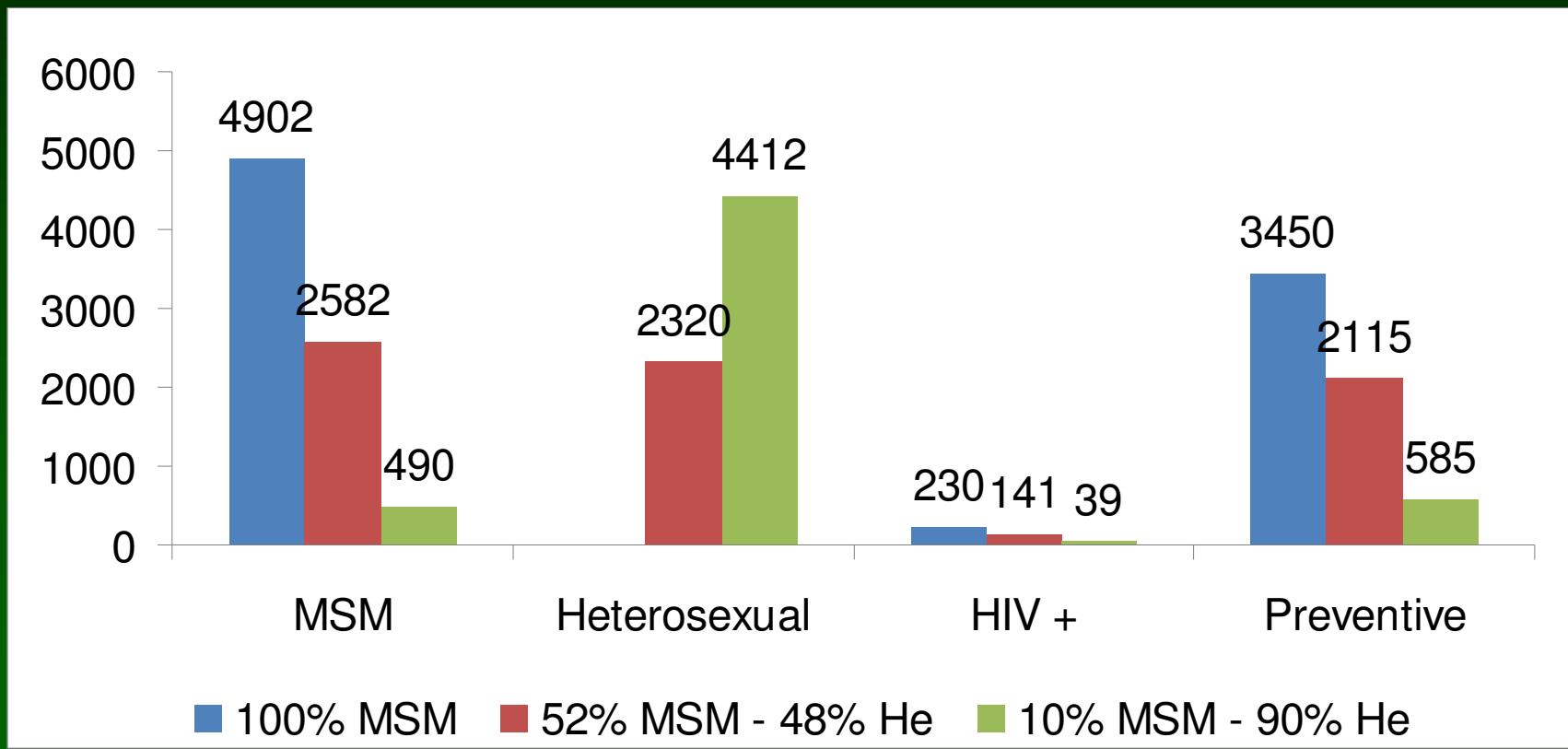


What works 2

# MSM-PREFERENCED AGENDA



# Why MSM agenda?



What works 3

# EMAIL BASED SATISFACTION SURVEY



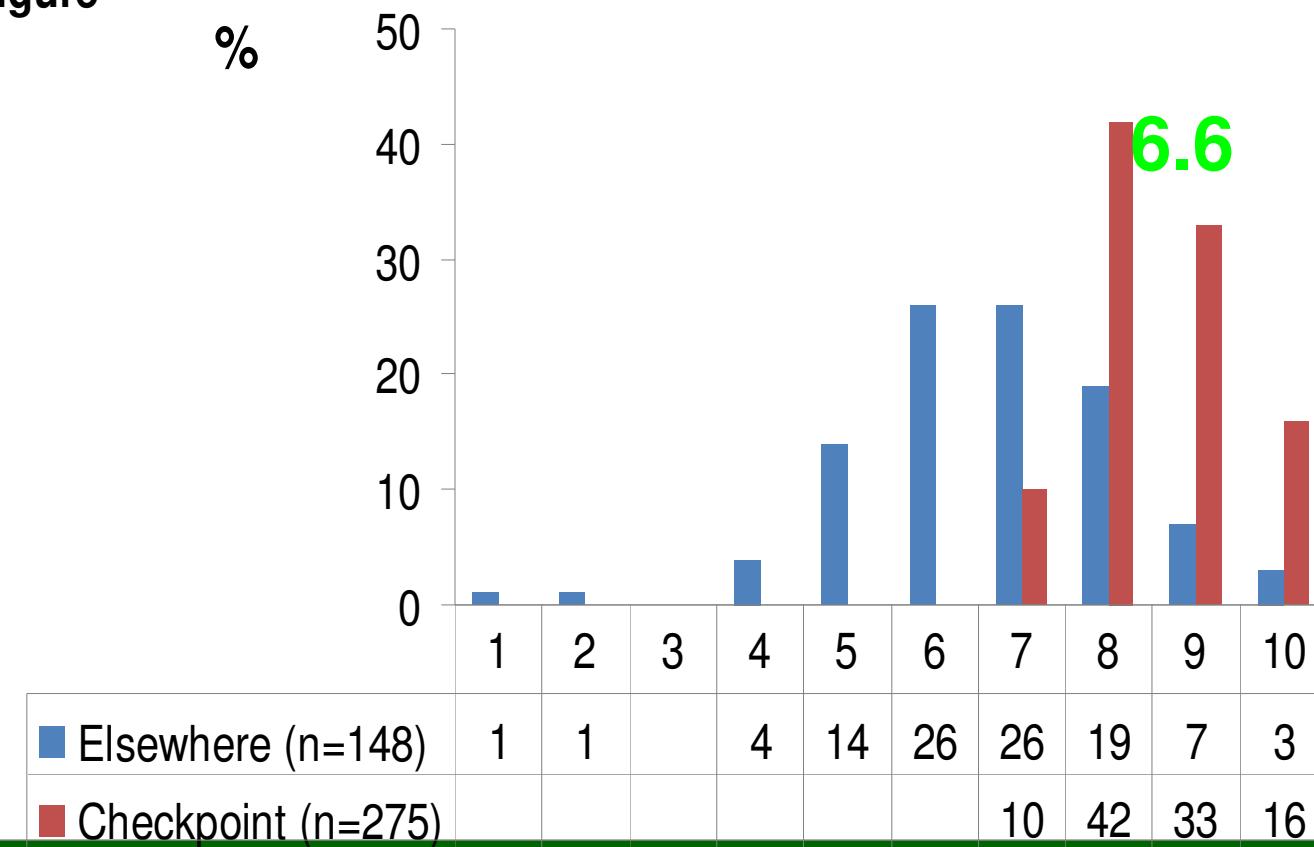
# Satisfaction survey

- By email
- 51% participants = high response
- Consequences for safer sex
- More frequent testing
- Need for further consultation



# Results satisfaction survey

Figure



8.5

6.6



What works 4

# INDICATION OF NO SHOWS



# No shows – % Reason HIV test

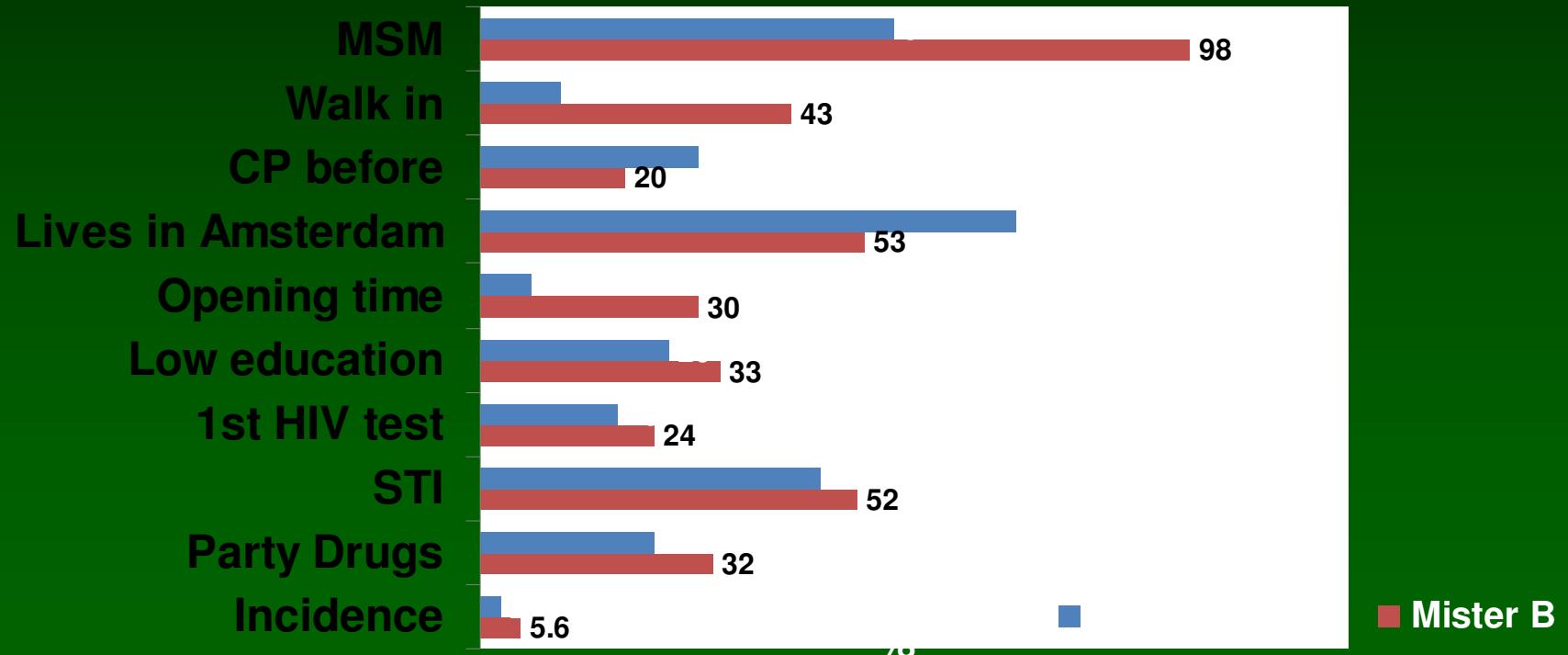
	MSM (n=157)	Heterosexual (n=283)
Unsafe contact	37	51
Certainty about HIV status	29	29
Regular check	15	5
Repeat test (window period)	4	
New relation	3	5
Condom failure		1
Unsafe contact with HIV+	2	1
Partner HIV+	1	
Prostitution	1	
Other	4	3
Unknown	4	7

What works 5

# OUTREACHING



# Checkpoint Mister B



What works 6

# ORAL FLUID

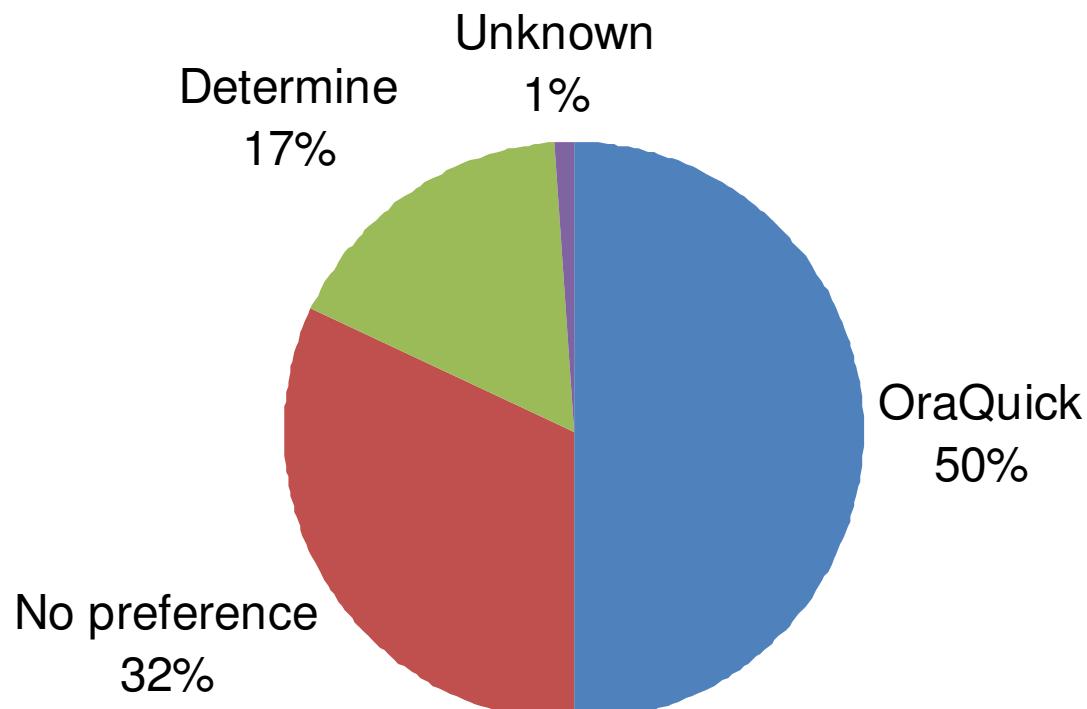


# OraQuick® Advance Rapid Hiv 1/2



- Trial with 1000 OraQuick® Advance tests besides Determine™
- Preference clients
- Sensitivity 99.3%
- Specificity 99.8%

# Preference Checkpoint client (N=1035)



Limit 1

# NEGATIVE INFLUENCES



# Negative influences

- Part of patients association (HVN)
- Volunteers vs professionals
- Disinterest of gay associations
- Preventive effect of fear?
- Dutch individualism, lack of cooperation
- NGO ... but also positive



Limit 2

# FREE HEPATITIS B VACCINATION



# Vaccination project

- Free vaccination project for MSM
- 50% MSM vaccinated
- Checkpoint vaccinates 50% of not-vaccinated MSM visitors
- Project does not attract MSM to go for hiv test



# FUTURE



# Characteristics self tester

- Young heterosexual men (29 years)
- Lives outside Amsterdam
- Low education
- Anonymous
- Wants 'Instant satisfaction'
- Bought on Internet
  
- *12% MSM prefers self test to rapid test (Monitor Survey 2000)*
- *Self tester prefers no counselling from doctor or nurse (Info MiraTes)*



# Rapid tests: HIV – HBV – HCV – GO – Syphilis – Chlamydia – TBC ... become SELF tests!



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# Thanks to...



## Checkpoint Volunteers

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