

HARM REDUCTION DURING CHEMSEX

CARING FOR EACH OTHER

- Get to party and play with trusted friends & check in on each other
- Get informed about the substances and their effect
- Use safe words for (not) giving consent
- Provide condoms, disposable gloves, towels, disinfectant wipes/sprays, plastic bed sheets, and paper towels.

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If something goes wrong:

- Move to a quiet place
- If unconscious, place them in a recovery position



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If something goes wrong:

- Do not confront if psychosis takes hold!
- Reassure and keep company
- Do not make assumptions about the severity
- Call an ambulance - be honest to medical/paramedical staff.



Kindness is sexy!

Content is shortened for Instagram
For full information, see

AIDS Action Europe,
Harm reduction in the context of
chemsex: training manual